

**NATIONAL ACADEMY OF CUSTOMS, INDIRECT TAXES AND NARCOTICS**  
**ZONAL CAMPUS, KANPUR**

**SPECIAL COURSES DURING THE YEAR 2020-21**

Sl. No.	Name of the Programme	From	To	Duration of Training	Total Officers Participated	No. of Officers Trained				Man-days of training	Hours of Training	Man-hours of training
						Gr.A	Gr. B	Gr.C	Others			
1	Improving mental strength and stay positive during a pandemic	3-Jun-20	3-Jun-20	1	83	4	74	5		83	2.5	207.5
2	Implementation of e-Office	11-Jun-20	12-Jun-20	2	1191		0			2382	5	5955
3	Yoga for Healthy Lifestyle and Immunity Boosting	26-Jun-20	26-Jun-20	1	43		38	5		43	1.25	53.75
4	Implementation of E-office	21-Oct-20	21-Oct-20	1	670		0			670	2.5	1675
5	Work & life Balance	24-Mar-21	24-Mar-21	1	29	2	18	9		29	2.5	72.5